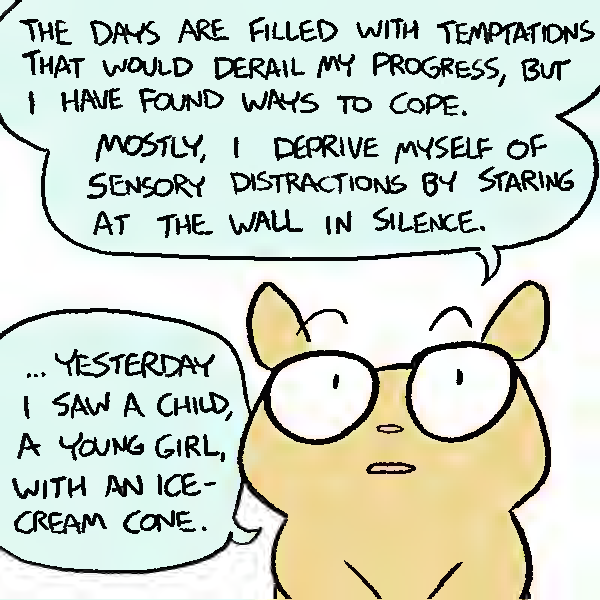
BEHIND the GIFs

WITH AC STUART

DAG, BRUCE, DAT DIET IS WORKIN' FORREAL! YOU LOOK GOOD, BROTHA
HOW'D YOU MANAGE TO STICK TO IT?
WELL YOU SEE, CHAD, JOY IS AN ILLUSION OF CHEMICALS


THE DAYS ARE FILLED WITH TEMPTATIONS THAT WOULD DERAIL MY PROGRESS, BUT I HAVE FOUND WAYS TO COPE.
MOSTLY, I DEPRIVE MYSELF OF SENSORY DISTRACTIONS BY STARING AT THE WALL IN SILENCE.
... YESTERDAY I SAW A CHILD, A YOUNG GIRL, WITH AN ICE-CREAM CONE.

I IMAGINED THAT IT WAS POISONED, AND THAT SHE WOULD DIE FOR EATING IT.
I FELT BETTER

AIGHT, I'MA PRETEND YOU DI'N SAY THAT 'CAUSE I LIKE BEIN' ABLE TO SLEEP AT NIGHT AN THAT'S STRAIGHT-BUNDY TALK
BUT DANG, MAN, YOU CAN'T LET A DIET RUIN YOUR LIFE, NAMSAYN?

THE WHOLE DANG POINT OF A DIET IS TO LIVE A HELLA LONG TIME AND ENJOY IT, RIGHT?
I WANT TO LOOK GOOD NAKED.
DON'T WE ALL? BUT TAKE A DANG BREAK SOMETIME
A BREAK?

YEAH. GET ONE GOOD MOUTHFUL OF YOUR FAVORITE FOOD AND THEN GO BACK TO YOUR SUPER-CREEPY WEIRDO DIET. YOU'LL FEEL BETTER, TRUST ME.
YES... JUST ONE MOUTHFUL.
THAT CAN'T HURT.